

“What you have in your food pantry is what we need in ours”

On behalf of the eight local food pantries located throughout Centre County, we want to take this opportunity to say ‘Thank you’ to all of our volunteers, supporters, donors, and to the community members who donate food. Your support is invaluable to provide meals to our residents.

We want to take a moment to educate you on the importance of the food pantries. In 2013, we served 6,119 individuals through our food pantries. This includes children, adults, and the elderly; both individuals and families. We serve individuals and families struggling to pay bills and provide nutritional meals, whether long term or due to recent struggles. Our food allows families to supplement their grocery budget with the items received at our food pantries monthly. We all know the importance that nutrition has in our everyday lives. We want to provide a variety of foods that families can be offered to allow dietary needs to be recognized if desired by an individual and/or family. By highlighting the importance of all types of food at our food pantries, we hope to promote, encourage and support a healthy community.

The following is a list of items based on the feedback from our food pantries that would be important donations. We are unable to purchase certain items with state and federal funding such as condiments, spices, baking items, and paper products. Please consider this list as a starting point to assist you as you shop, donate, and/or organize a food drive. We would prefer to receive food products prior to their “Best Buy” dates.

Oils: vegetable, olive, canola; bottles and spray

Grains: whole wheat items, rice, quinoa, oats,

Canned: fruits, vegetables, soups, meats (tuna, chicken, beef), lower sodium and lower fat items

Frozen: vegetables, fruits, meats, fish, quick meals, breakfast foods

Soups: all types including lower sodium and low fat

Pasta: all types including macaroni and cheese, ravioli

Sauces: pasta sauce, cooking sauces

Stuffing: bags and boxed

Potatoes: raw and boxed

Spices

Condiments: mustard, ketchup, mayonnaise

Baking items: cake, brownie and cookie mixes, pudding, Jell-O, sugar free and gluten free items.

Jelly/Dressings/Marinades: Jelly (fruit flavors), salad dressing, meat marinades

Peanut Butter

Cereal

Crackers and pretzels

Diabetic approved foods

Drinks: canned milk, juice, bottled water, coffee

Laundry detergent

Paper towels

Toilet paper

Paper plates and plastic service ware

Coffee filters

Dish detergent

Toothpaste and toothbrushes

Bath and hand soap

Cleaning products

If you are interested in donating fresh produce, please contact your local food pantry to inquire about donations, delivery, etc.

We encourage monetary donations to allow each food pantry to shop for their needs.

Please feel free to contact any of the food pantries with questions. Each pantry has designated days and times for distributions. Please contact them directly about dropping off donations, organizing a food drive, and/or information about receiving services.

Centre Hall- Potter Township Food Pantry
Grace United Methodist Church 127 South Pennsylvania Avenue Centre Hall PA 16828 814-364-1675

Centre House Homeless Shelter
217 East Nittany Avenue State College PA 16801 814-237-4863

FaithCentre Food Bank
110 West High Street Bellefonte PA 16823 814-355-4400

Food Bank of the State College Area, Inc.
276 West Hamilton Avenue State College PA 16801 814-234-2310

Howard Area Food Pantry
Vesper Street Beech Creek, PA 16822 570-962-2407

Penns Valley Family Service Center
337 East Aaron Square Aaronsburg PA 16820 814-349-5850

Philipsburg Community Action Food Pantry
14 South Front Street Philipsburg PA 16866 814-342-0404

Snow Shoe/Mountaintop Food Pantry
Snow Shoe United Methodist Church Moshannon Avenue Snow Shoe, PA 16874 814-387-6230

You are welcome to visit the Centre County Government website to learn more about each food pantry and where you can be served based on your residency:

<http://centrecountypa.gov/index.aspx?NID=312> . You may also call our office, Centre County Office of Adult Services, at 814-355-6768. Community Help Centre can also be of assistance with emergency food needs at 1-800-494-2500.

Again, we 'Thank you' the Centre County community for their continued support. We hope we provided you with information to further support our food pantries.

Centre County Office of Adult Services